

Praying with John Eudes



Saint John Eudes was born in Ri, France, on November 14, 1601, and died in Caen, on August 19, 1680.



He founded the Order of Our Lady of Charity in 1641 and the Congregation of Jesus and Mary (Eudists) in 1643, as well as seminaries in Caen, Coutances, Rouen, Lisieux, Evreux and Rennes. Pope Pius X proclaimed him "the father, doctor and apostle of the liturgical worship of the Heart of Jesus and Mary".

A member of the French School of Spirituality, characterised by its contemplation of Christ in the mystery of his Incarnation, Saint John Eudes invited the XVIIth century Christians who were forgetful of their baptismal commitment to rediscover its riches.

During his missions, in the seminaries he founded and at Our Lady of Charity while ministering to women with moral difficulties, he provided very concrete means for people to live their daily life in fidelity to their Baptism, thus making it possible for Jesus to "live and reign" in every Christian, each one being considered by him "another Jesus Christ on earth."



A way to pray

*Saint John Eudes has left us his way of praying.
It consists in 4 movements.*

ADORING: contemplating, marvelling, admiring.

*GIVING THANKS: recognizing God's gifts,
showing appreciation for them.*

ASKING FOR FORGIVENESS:

*recognizing the distance that exists
between one's life and the marvels of God's Love*

*GIVING ONESELF TO JESUS: give oneself to
bear witness, give oneself for the Mission.*

*These four movements are four attitudes
to be sincerely worked towards.*

*They suppose one will take the time
to accept oneself, welcome the Other, God,
and accept self as coming from God.*

Let us adore God in the unfathomable love
He has for all His creatures
and for each one of us in particular.
Let us pray to Him, let us love Him.
Let us thank Him for the countless gifts of His love.
Let us beg forgiveness of Him
for our ungratefulness toward Him
and our lack of love
towards our neighbor.

Let us give ourselves to
the love of God that He
might break down all our
resistance and reign
perfectly in us.





Yearning

Jesus, my Savior, I belong to You
for thousands of reasons beyond my volition,
but I also yearn to belong to You
voluntarily.

I want all my thoughts, words and actions,
every breath I take, every beat of my heart,
every moment of my life to be converted
into as many voices
expressing my yearning
for you continually and eternally,

I love You,
I love You,
yes, Lord Jesus,
I love You!



What do You want
from me,
what do You expect
of me if not
that I respond
as Peter did:
I love You, I love You.



Jesus



Jesus, Jesus!
my heart's sole desire,
my soul's beloved.

Jesus, my sun,
enlighten the darkness
of my spirit,
in flame the coldness
of my heart!

My God and my All,
separate me from all
that is not You
and unite me totally to
You!

Jesus,
You are all mine,
let me be all Yours
forever!
Jesus,

I give You my heart.
Fill it with Your holy love.
May all my actions bring glory to Yours.

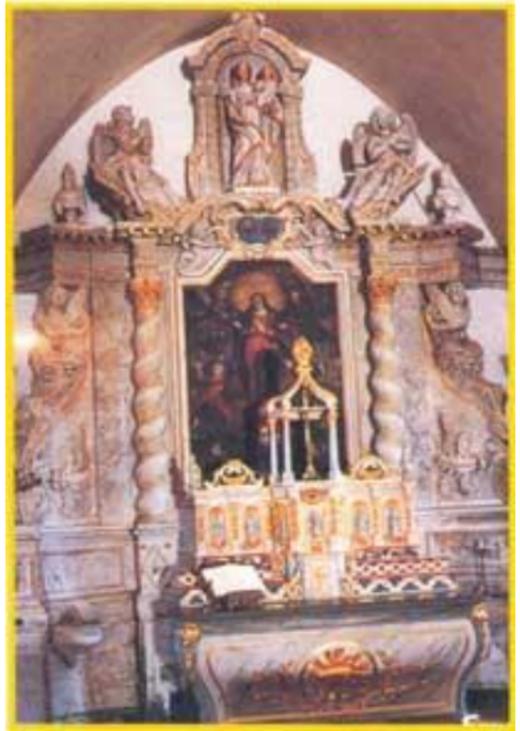
Live Jesus!
Live the King of my heart!
Live the Life of my life!
May He be loved forever
by all and in all things!



Giving thanks

I give infinite thanks to You,
O my God,
for myself
and for all
Your creatures,
especially for those
who are dear
to me.
Thank You
for having given us
life and a heart
capable of
knowing
and loving You.

God,
my Creator,
You gave me life
to use in Your service.
That is why I offer it to You and consecrate
it entirely to You.
I no longer want to live save to serve You
with all the love You expect from me.



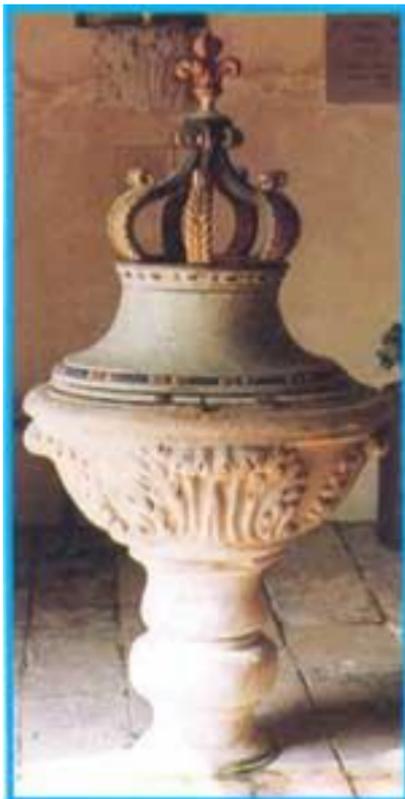


Baptism

Jesus, I adore You as my Head
whom I must follow and imitate in all things, in
keeping with the public and solemn profession
I made at the time of my Baptism...
and which I wish to renew today.

To that end,
relying on the strength
of Your spirit
and Your love,
I forever renounce
Satan,
sin, the world
and my very self.
I give myself to You,
Jesus,
to adhere to You,
remain in You
and be henceforth
only one
with You...

I consecrate myself to
You.
Establish in me
Your holy and perfect life.
Live fully in my spirit
and in my heart, Jesus,
grant me the grace
to fulfill this commitment perfectly.
Accomplish this in me and for me,
according to the perfection of your will.





Father, Son, Holy Spirit

Father of Jesus,
Love Your Son Jesus for me,
May we share in the love you have for Him.

Jesus, Son of God,
Let my soul rejoice
To see the love and infinite glory
You receive from Your Father and Your Holy
Spirit,

Spirit of Jesus,
Who is all love and charity,
Love the Father and Jesus or me,
Transform my heart into love for them.

Eternal Father, Only Son of the Father,
Holy Spirit of the Father and of the Son,
come into me, come into my heart, separate me
from all that is not You, draw me to You,
live and reign in me and let my whole being,
my whole life be totally
consecrated to Your pure glory.





Eucharist



Lord,
You are not
satisfied
with having lived
amongst us
during
Your earthly life,
but You found
an admirable
way
to remain
always with us
and give Yourself
to us.

As You delight
in being with me,
let me also
find contentment
in being
with You,
thinking about
You,
loving
and glorifying
You



Heart

Lord God, Father of mercies,
in Your boundless goodness You have given us
the most loving Heart of Your beloved Son.
Grant that our hearts may be closely united
to each other as they are with Him
so that our love for You may be perfect.

O most loving Heart and full of love
of my Savior, be the Heart of my heart,
the soul of my soul, the spirit of my spirit,
the life of my life.



Jesus,
since Your Father
gave me
everything
when He gave
You to me,
all the hearts
in the universe
belong to me.
I, therefore,
take all those
hearts,
and want
to love You
with all the love
of which You made
them capable
when You created
them for loving.



Mercy

*That person is merciful
who carries compassionately
in his/her heart the miseries
of those who are suffering.*

O most benevolent
and most merciful
Heart of Jesus,
imprint in our hearts
a perfect image
of Your great mercy,
so that we may fulfill
the commandment
You gave us:
"Be merciful
as Your Father
is merciful."

Mother of mercy,
look upon
so much misery,
so many poor people,
so many captives,
so many prisoners,
so many men and women
who suffer persecution
at the hands of their brothers and sisters,
so many defenseless people,
so many afflicted souls,
so many troubled hearts.

Mother of mercy, open the eyes
of your clemency and see our desolation.
Open the ears of your goodness
and ear our supplication.

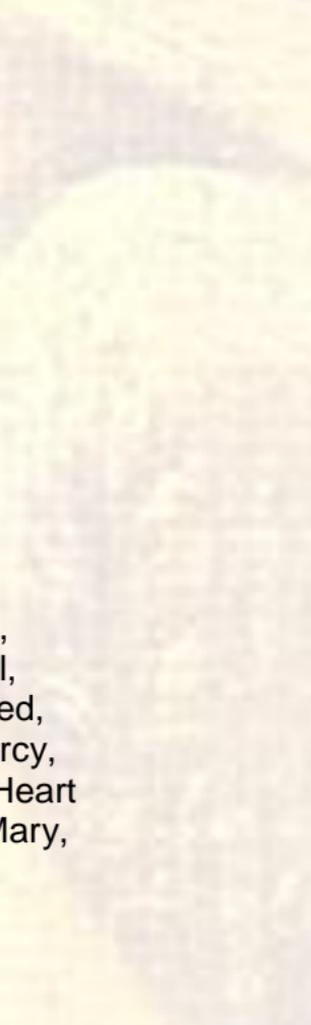
Most loving and most powerful advocate,
show that You are truly the Mother of Mercy.





Salutation to the Heart of Jesus and Mary

Hail, Heart most holy,
Hail, most meek and humble,
Heart most pur,
Hail,
Heart given without reservation,
Heart inhabited by Wisdom,
Hail,
Heart most patient
and most obedient,
most vigilant and most faithful,
Hail,
Heart most blessed,
Heart rich in mercy,
Hail, most loving Heart
of Jesus and Mary,





Salutation to the Heart of Jesus and Mary

We adore you, we praise you,
We glorify you,
we give you thanks,
We love you with all our heart,
With all our soul,
and all our strength,
We offer you our heart,
We give it to you,
we consecrate it to you,
We immolate it to you,
Receive it and possess it totally,
Purify it, enlighten it, sanctify it,
Live and reign in it,
now and forever.

Amen.





Salutation to Mary

Hail Mary, Daughter of God the Father.

Hail Mary, Mother of God the Son.

Hail Mary, Spouse of the Holy Spirit.

Hail Mary, Temple of the Divinity.

Hail Mary, Lily reflecting the immutable
splendor of the Trinity.

Hail Mary, Rose sparkling
of the beauty of paradise,

Hail Mary, Virgin of virgins, faithful virgin, chosen
to bring forth and nurse the King of heaven,

Hail Mary, Queen of martyrs, whose soul
was pierced with a sword of sorrow,

Hail Mary, Queen of the universe, to whom
all power was given in heaven and on earth,

Hail Mary, Queen of our hearts, beloved Mother,
our life, our sweetness, our hope,





Salutation to Mary

Hail Mary, lovable Mother,
Hail Mary, admirable Mother,
Hail Mary, Mother of mercies,
Hail Mary, full of grace, the Lord is with you.
You are blessed among women,
And blessed be Jesus, your Son,
Blessed be your spouse, Saint Joseph.
Blessed be your father, Saint Joachim.
Blessed be your mother, Saint Anne.
Blessed be your adopted son, Saint John.
Blessed be your angel, Saint Gabriel.
Blessed be the eternal Father who chose you.
Blessed be the Son who loved you.
Blessed be the Holy Spirit who espoused you.
Blessed be forever all those
who bless and love you.





Mary

Heart of Mary, model of holiness,
remain forever flowery for Jesus,
Marvel of love, masterpiece of the Holy Spirit,
hope and joy of sinners.

Brilliant heavenly body, be the sun and guide
of those who love you.

Furnace of love, inflame all hearts.

Assist our hearts redeemed
by grace to live of Christ.

O Mother, keep in your loving heart
this heart that is praying to you.

May it be full of tenderness toward your Son
and full of love for his Mother.

Holy Trinity,
source
of eternal life,
reign
in all our hearts.





Mission

Send, Lord, laborers for Your vineyard.
Resurrect in all the pastors and priests
of Your Church that apostolic spirit
which inflamed the hearts
of Your beloved Apostles and Disciples.

Enkindle
their hearts
with the fire
of Your love
and a burning thirst
for Your glory
and the salvation
of souls.





Despondency



"O Jesus,
it is enough
for me to know
that You are
always Jesus!"

"O Jesus,
continue always
to be Jesus,
and I will
be happy
no matter
what happens
to me!"



Beginning

Jesus, my Savior,
I do not know if I have yet begun to love
You as I should.

From this very moment I want to love You
with all my heart, all my soul
and all my strength.

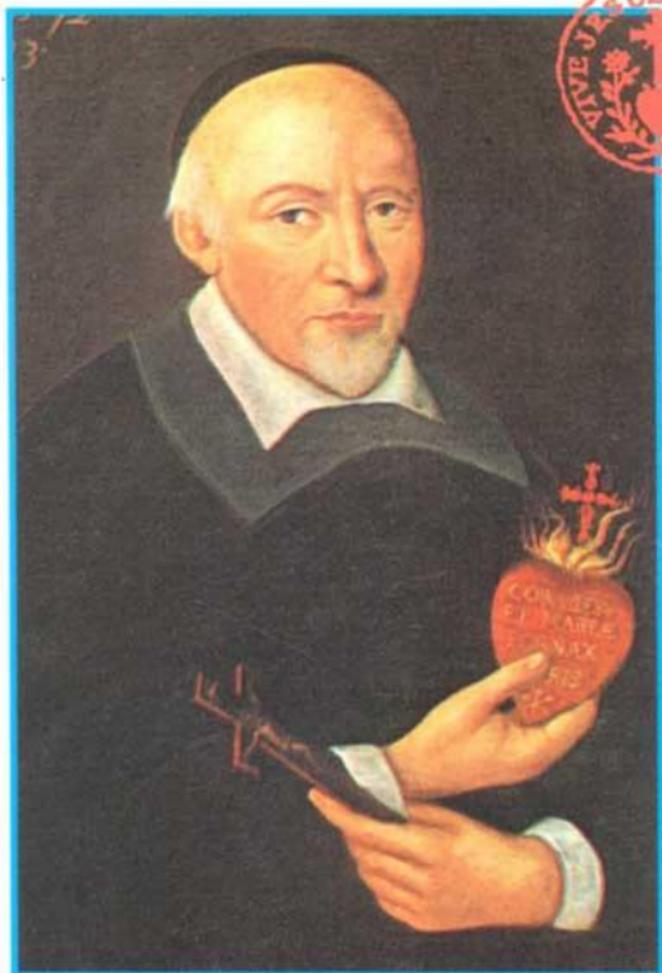
I turn away forever
from all that is contrary to Your love.

I give You my heart.
Take full possession of it
in order to convert all that displeases You.

I offer You Your Mother's Heart
which contains more love for You
than all the other hearts put together.

Mary, Mother of God, love Your Son for me.
Jesus, love Your Mother for me.
Saints of heaven and earth, .
love Jesus and Mary for me.
Unite me to the love
You have for them eternally.





Centre de Spiritualité Eudiste
BP 113, 35603 REDON cedex
Tel 99 71 11 46 – Fax 99 72 10 62

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